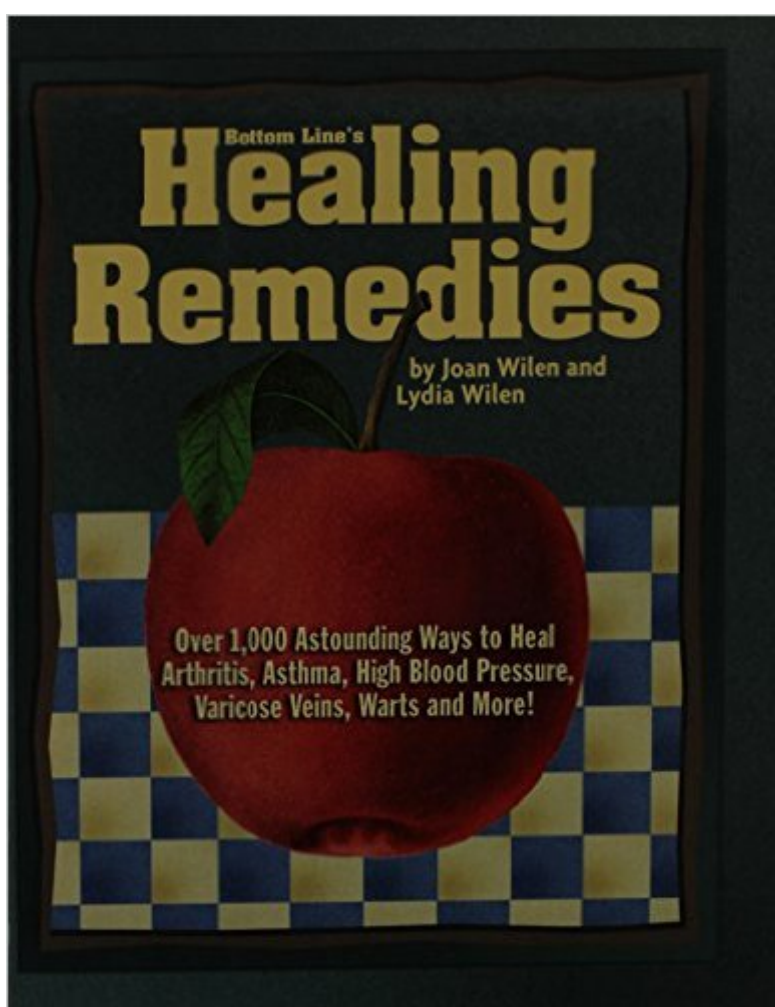


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Bottom Line's Healing Remedies-Over 1,000 Astounding Ways To Heal Arthritis, Asthma, High Blood Pressure, Varicose Veins, Warts And More!



Synopsis

Over 1,000 Astounding Ways to Heal Arthritis, Asthma, High Blood Pressure, Varicose Veins, Warts and More!

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Customer Reviews

I've read and re-read this book several times. It's very interesting and is written in a pleasant style, not too serious, but with good anecdotes and examples. I tried some of the 'Superfoods' it recommends, namely Bee Pollen. Mainly as it tells what it does and why it is good for men, especially. So far it does seem to be a Superfood. The main things this recommends are Onions and Garlic. They seem to cure just about anything, according to the authors. I thought they were just to put in food as spices, but am trying them more now based upon how good they are supposed to be for one. I can't imagine anyone reading this book, who really wants to benefit from it, who doesn't find several things worth the price of the book. Not being one who uses doctors I need to take responsibility for my own health and the recommendations in this book are an excellent start.

This work is invaluable for those who put health first. Every home should have a copy

As advertised, completely satisfied.

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